



March - 2020



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Coffee Break 10:30 & 2:30 Health walk Movie Matinee 1:30 Rosary in the Chapel 4:00	2 Physio 8:30 Exercise class 10:00 Coffee Break 10:30 2:30 Knitting Group 1:15 MARLENE FAWCETTE 2:30 CONCERT IN THE LOUNGE	3 Local Outing 9-11:30 Coffee Break 10:30 & 2:30 55+ Club Bridge 1:00 BOCCE BALL 1:30	4 Exercise class 10:00 Coffee Break 10:30 2:30 Come play Bridge 1:30 Ice-cream Social 2:30	5 Physio 8:30 VITALS (IN THE LOUNGE) 9:00 TO 11:30 Local Outing 9-11:30 Rolling Tuck Shop 10:00 Bingo 1:30 Happy Birthday ! Arthur Medicraft	6 HEARING CLINIC 9-11 Exercise class 10:00 Russell Public Library 2:00 Bean Bags 1:30 Russell 55+ Club Euchre Party In Community Lounge 7:00 Happy Birthday! Alvin Field	7 Avon in the lobby 10:00 Coffee Break 10:30 2:30 Health walk SUDOKU /PUZZELS PICK UP FRONT LOBBY
8 Clocks go ahead 1 hr INT. WOMEN'S DAY! Coffee Break 10:30 & 2:30 Health walk Movie Matinee 1:30 Rosary in the Chapel 4:00 Happy birthday! Margo Krause	9 Physio 8:30 Exercise class 10:00 Coffee Break 10:30 2:30 Knitting Group 1:15 CRAFT 2:30 PAINT WITH NAVY 6:30 Happy Birthday! Ray Gagne	10 Local Outing 9-11:30 Council Meeting in Ladies Room Members only 10:00 55+ Club Bridge 1:00 BOCCE BALL 1:30	11 Exercise class 10:00 CATHOLIC MASS 10:45 Come play Bridge 1:30 Scrubs 1:30 Hymn Sing 2:00 Ice-cream Social 3:00	12 Physio 8:30 Local Outing 9-11:30 Rolling Tuck Shop 10:00 Bingo 1:30 Happy Birthday! Evora Doyle & Bill Lawrence	13 Exercise class 10:00 UNITED CHURCH SERVICE 10:45 Come play Bridge 1:30 Outburst game(lounge) 1:30 Russell 55+ Club Euchre Party In Community Lounge 7:00	14 Coffee Break 10:30 2:30 Health walk YOHAN WII SPORTS IN THE CHAPEL 3:00 ADULT COLORING PICK UP FRONT LOBBY
15 Coffee Break 10:30 & 2:30 Health walk Movie Matinee 1:30 Rosary in the Chapel 4:00	16 Physio 8:30 FOOTCARE Exercise class 10:00 Knitting Group 1:15 Bocce Ball 2:30	17 ST.PATTY'S DAY Local Outing 9-11:30 55+ Club Bridge 1:00 HAPPY HOUR WITH MIKE SHAW 1:30 Dress in Green!!!! Happy Birthday Sheila Johnstone	18 Exercise class 10:00 Coffee Break 10:30 2:30 Early learning kinder care kids activity 1:30 Ice-cream Social 2:30	19 Physio 8:30 FOOTCARE Local Outing 9-11:30 Rolling Tuck Shop 10:00 Bingo 1:30 Happy Birthday Lorette Patenaude	20 Exercise class 10:00 Come play Bridge 1:30 Scrubs (INDEPENDENT) 1:30 Russell 55+ Club Euchre Party In community Lounge 7:00	21 First day of Spring! Coffee Break 10:30& 2:30 Health walk SUDOKU /PUZZELS PICK UP FRONT LOBBY
22 Coffee Break 10:32:30 Health walk TARA SHANNON CONCERT FOR KINDNESS DAY 1:30 Rosary in the Chapel 4:00	23 Physio 8:30 Exercise class 10:00 Coffee Break 10:30 2:30 Knitting Group 1:15 DINNER & A MOVIE OUTING Please sign up	24 Local Outing 9-11:30 Stanley's Pancake House Brunch Outing 55+ Club Bridge 1:00 Coffee Break 10:30 & 2:30 HAPPY BIRTHDAY JEAN WILDE	25 Exercise class 10:00 Coffee Break 10:30 2:30 Liturgy of the Word 10:45 Come play Bridge 1:30 SCATTERGORIES GAME 1:30 Ice-cream Social 2:30	26 Physio 8:30 Local Outing 9-11:30 Rolling Tuck Shop 10:00 Bingo 1:30 Happy birthday Harvey mitten & Diana Rennie	27 Exercise class 10:00 Come play Bridge 1:30 BEAN BAGS (INDEPENDENT) 1:30 CRAFT 2:30 Russell 55+ Club Euchre Party In Community Lounge 7:00	28 YOHAN WII SPORTS IN THE CHAPEL 3:00 ADULT COLORING PICK UP FRONT LOBBY Happy birthday Margret Helmer
29 Coffee Breaks 10:30 2:30 Health walk Movie Matinee 1:30 Rosary in the Chapel 4:00	30 BOAT CRUISE DAY! Physio 8:30 Exercise class 10:00 PLEASE CHECK THE DAILY SHEETS FOR TODAYS EVENTS!	31 Local Outing 9-11:30 Anglican Service 10:30 55+ Club Bridge 1:00 CHAIR YOGA (CHAPEL) 1:30 BOCCE BALL 3:00 Happy Birthday! Sharron Allen & Bill Villeneuve		Stanley's Olde Maple Lane Farm will be hosting a traditional Sugar Bush Lunch on Tues Mar 24th Tickets are \$18.00 per person. We will provide the transportation. Please sign up at front desk. Limited seats	Make sure you have your Cruise wear ready for our Cruise ship day Mar 30th. If you don't have any we do! Come on board and join in on the FUN!	